

# ENTRY REGULATION

## FOR THE USE OF THE COGNE ARTIFICIAL ICE CLIMBING STRUCTURE

- Entrance to the structure without the guardian is not allowed.
- To enter, helmet, crampons and harness must be worn.
- It is forbidden to climb without a safety rope.
- The rope must be belayed by a companion with a braking system (gri-gri or belay device).
- It is compulsory to use a suitable rope of appropriate length.
- On the ice it is only possible to climb with a top rope.
- On the dry part you must put an extender on every attachment point. It is compulsory to climb without dragonne and without small cord

In using this facility you accept that climbing is a dangerous sport and you use it at your own risk. Please be aware that ice can fracture and fall when climbing.

To use this facility contact the association « Roche et Glace » at the Bar Licone on the square of Cogne or visit the site [www.rocheetglace.altervista.org](http://www.rocheetglace.altervista.org)

I have read and understood the entry regulation for the Cogne Artificial Ice Structure and agree to abide by them.

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Place and date

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Signature